

## OUR VISION

Uniting Aged Care aspires to transform the experiences of ageing. We will:

- Support people, their partners, families and carers.
- Involve service users, particularly the vulnerable and disadvantaged, in the design of services and in choosing the support they need.
- Collaborate with others -service providers, suppliers and stakeholders.
- Engage with local communities – ensuring relevant local service choices.
- Advocate to government, funding and regulatory agencies.

## OUR SERVICES

- Support at home – enabling people to have independent and active lives
- Community services – facilitating activities of interest and valued interactions
- Support for chronic conditions – promoting evidence-based approaches to wellbeing in ageing
- Restorative services - assisting people regain and maintain their independence
- Residential services - caring for people who need full time support
- Palliative care services - ensuring the right environment for people to die with dignity

## OUR RESOURCES FOR INDEPENDENT LIVING

- Housing options – places for people who need or wish to move from their family home
- Technology for independence – aids to support well-being and quality of life
- Planning for whole-of-life – advice that promotes physical, emotional and financial security and well-being
- Information and self-help guides – resources that build knowledge and strengthen self management

Our services and resources are grounded in the mission and values of The Uniting Church in Australia, the strengths and aspirations of local communities, sustainable practices, research and evidence.

## OUR VALUES

We will work together based on the following principles:

**FAITH** **CHOICE**  
**RESPONSIVENESS** **PARTICIPATION**  
**RESPECT** **SOCIAL INCLUSION**  
**SOCIAL JUSTICE AND EQUITY**  
**STEWARDSHIP**

We will demonstrate these values in our everyday behaviours and actions.



**Tai Chi—**  
for mind and body relaxation

## Uniting Aged Care Kalkee Services are

Murray (Frail Aged)  
Nangatta (Dementia Specific)  
Community Aged Care Packages  
Independent Living Units  
Costa Court Serviced Apartments  
Day Respite  
Op-Shop

For further information about any of our services please phone the Kalkee Business Office on 5243 9566 to ask for an information pack.

**CARING EVERY DAY**



Uniting Church in Australia  
SYNOD OF VICTORIA AND TASMANIA

Uniting Aged Care



KALKEE

## Kalkee Day Respite



**Kalkee Day Respite is a program of the Uniting Aged Care Victoria & Tasmania**

Contact the Coordinator for further information:

Phone 03 5243 1746  
Address 46 Thomson St  
Belmont 3216

## Day Respite Program

The Kalkee Day Respite Program is a 5 day a week planned activity group with a difference. Our program is an innovative, person centred program.

The program operates at 46 Thomson Street, Belmont, next to the Alexander Thomson Kindergarten. This allows for shared programs between the two generations.

The use of music as a therapy is well established and our staff provide a wide variety of programs. These include instrument and song in our Sing Out and Concerts using many musically talented staff.

We are also able to provide a number of outings using the Kalkee bus to go on picnics, visit art galleries and to coastal and country destinations. We also have a men's group which meets weekly.

A program is published each month to enable carers and participants to be aware of upcoming events.

## Hours

Monday to Friday from 10.00 am to 3.00 pm.

## Meals

A two course midday meal is provided along with morning and afternoon tea. We can cater for special diets if required.

## Fees

For details on fees please contact the Coordinator.

## We aim to:

- Allow clients to be part of and to continue to contribute to their community by providing guest speakers, linking up with other community groups and programs
- Assist carers to continue in their very important role by offering day respite and support
- Offer the participants a day where they become involved in a variety of activities and programs
- Have a focus on enjoyment and self-worth
- Involve our participants in the community by way of intergenerational programs with school and kindergarten children
- Have an emphasis on music and singing
- Emphasise wellness by providing exercise and pampering



Healthy mind,  
body and spirit



## Eligibility

Kalkee Day Respite programs offer specific assistance to those living with memory loss.

## Referrals

Referrals can be made through family, friends, General Practitioners, City of Greater Geelong, Alzheimer's Association, Department of Veterans' Affairs, the Aged Care Assessment Team or by yourself.

All referrals are assessed by the Day Respite Coordinator.

The program is funded by Department of Health and Ageing—Home and Community Care and supported by Department of Veterans' Affairs.

